



Harbor & Table

COLLECTIVE

Building bridges to wellness, one neighbor at a time

Harbor & Table Collective - Locations & Contact Information

MAIN ADMINISTRATIVE OFFICE & PRIMARY SERVICE CENTER

Harbor & Table Collective
Riverside Community Center
1847 Riverside Drive
Lancaster, PA 17601

Main Phone: (717) 555-8200
Fax: (717) 555-8201
Email: info@harborandtable.org
Website: www.harborandtable.org

Hours: - Monday - Friday: 8:00 AM - 6:00 PM - Saturday: 9:00 AM - 3:00 PM - Sunday:
Closed (except meal service 12:00 PM - 2:00 PM)

Services at This Location: - Administrative offices - Behavioral Health Services (counseling appointments) - Care Coordination intake - Housing Services case management - Main community kitchen & dining hall - Transportation dispatch center - Volunteer coordination office

Accessible: Fully ADA-accessible building with elevator, accessible restrooms, and designated parking

PENNSYLVANIA SERVICE LOCATIONS

WESTSIDE COMMUNITY HUB

2340 West King Street
Lancaster, PA 17603

Phone: (717) 555-8220
Services: Community kitchen, food pantry, behavioral health (walk-in hours)
Hours: Monday-Saturday 9:00 AM - 5:00 PM



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EASTBROOK FAMILY SERVICES

785 Fruitville Pike
Lancaster, PA 17601

Phone: (717) 555-8235

Services: Food pantry, care coordination for seniors, congregate meals

Hours: Tuesday-Friday 10:00 AM - 4:00 PM, Saturday 9:00 AM - 1:00 PM

NORTHGATE WELLNESS CENTER

4521 Oregon Pike, Suite 200
Lititz, PA 17543

Phone: (717) 555-8250

Services: Behavioral health services (by appointment), substance use disorder programs

Hours: Monday-Thursday 8:00 AM - 7:00 PM, Friday 8:00 AM - 5:00 PM

LANCASTER EMERGENCY SHELTER

1901 Riverside Drive
Lancaster, PA 17602

Phone: (717) 555-8290 (24-hour crisis line)

Services: Emergency shelter (50 beds), crisis behavioral health, case management

Hours: 24/7/365

LINCOLN PARK COMMUNITY KITCHEN

2156 Lincoln Highway East
Lancaster, PA 17602

Phone: (717) 555-8295

Services: Community meals, culinary training, food distribution

Hours: Monday-Saturday 11:00 AM - 6:00 PM



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MANOR TOWNSHIP FOOD PANTRY

8843 Columbia Avenue
Millersville, PA 17551

Phone: (717) 555-8210

Services: Food pantry, nutrition counseling, SNAP enrollment assistance

Hours: Monday, Wednesday, Friday 12:00 PM - 6:00 PM

EPHRATA IDD SERVICES

5502 Main Street
Ephrata, PA 17522

Phone: (717) 555-8275

Services: Care coordination for individuals with IDD, respite care, family support

Hours: Monday-Friday 8:00 AM - 5:00 PM

YORK ROAD TRANSPORTATION DEPOT

945 North George Street
York, PA 17404

Phone: (717) 555-8285 (dispatch)

Email: rides@harborandtable.org

Services: Transportation scheduling, vehicle maintenance (serves PA & MD)

Hours: Monday-Friday 6:00 AM - 6:00 PM, Saturday 8:00 AM - 2:00 PM

MARYLAND SERVICE LOCATIONS

FREDERICK HOUSING RESOURCE CENTER

1092 West Patrick Street
Frederick, MD 21701



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Phone: (240) 555-7265

Services: Housing services, emergency shelter intake (24/7), rental assistance

Hours: Monday-Friday 8:00 AM - 6:00 PM; Emergency shelter intake 24/7

THURMONT SENIOR CENTER

3367 Catoctin Hollow Road
Thurmont, MD 21788

Phone: (240) 555-7280

Services: Care coordination for seniors, congregate meals, transportation pickup

Hours: Monday-Friday 9:00 AM - 4:00 PM

HAGERSTOWN COMMUNITY KITCHEN

2340 Eastern Boulevard
Hagerstown, MD 21740

Phone: (240) 555-7220

Services: Community kitchen, food pantry, behavioral health (walk-in hours)

Hours: Monday-Saturday 9:00 AM - 5:00 PM

MIDDLETOWN MOBILE SERVICES HUB

Rotating locations in Frederick & Washington Counties, MD

Phone: (240) 555-7240 (call for mobile schedule)

Services: Mobile food pantry, transportation services, rotating behavioral health

Hours: Variable schedule - check website or call



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DEPARTMENT CONTACT INFORMATION

EXECUTIVE LEADERSHIP

Marco Alvarez - Executive Director

Phone: (717) 555-8202

Email: malvarez@harborandtable.org

Dr. Elena Rodriguez - Chief Clinical Officer

Phone: (717) 555-8203

Email: erodriguez@harborandtable.org

Keisha Thompson - Director of Programs

Phone: (717) 555-8204

Email: kthompson@harborandtable.org

Victor Ng - Director of Operations & Compliance

Phone: (717) 555-8206

Email: vng@harborandtable.org

SERVICE LINE MANAGERS

Dr. Sarah Ndlovu - Behavioral Health Services Manager

Phone: (717) 555-8250

Email: sndlovu@harborandtable.org

James Kowalski - Housing Services Manager

Phone: (240) 555-7265

Email: jkowalski@harborandtable.org

Chef Ana Soto - Food & Nutrition Services Manager

Phone: (717) 555-8220

Email: asoto@harborandtable.org

David Rodriguez - Transportation Services Manager

Phone: (717) 555-8285

Email: drodriguez@harborandtable.org



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Patricia Okafor, RN, CCM - Care Coordination Manager

Phone: (240) 555-7280

Email: pokafor@harborandtable.org

ADMINISTRATIVE DEPARTMENTS

Human Resources & Volunteer Coordination

Phone: (717) 555-8215

Email: hr@harborandtable.org / volunteers@harborandtable.org

Development & Fundraising

Phone: (717) 555-8218

Email: development@harborandtable.org

Finance Department

Phone: (717) 555-8212

Email: finance@harborandtable.org

Communications & Marketing

Phone: (717) 555-8225

Email: communications@harborandtable.org

Facilities & Maintenance

Phone: (717) 555-8230

Email: facilities@harborandtable.org

GETTING TO OUR MAIN OFFICE (LANCASTER, PA)

By Public Transportation

Red Rose Transit: Routes #2, #7, #9 (stop at Riverside Dr & Market St)

Amtrak: Lancaster Station (2.1 miles from office)

Greyhound/Bus: Lancaster Bus Terminal (1.8 miles from office)

By Car

From Harrisburg: Take US-30 East to Riverside Drive exit

From Philadelphia: Take US-30 West to Riverside Drive exit



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From Maryland: Take I-83 North to US-30 West, exit Riverside Drive

Parking: Free parking lot with 85 spaces (25 accessible)

By Bike

Bike racks available at main entrance (covered, secured)

Lancaster County Trail System accessible nearby

CRISIS & AFTER-HOURS CONTACTS

24/7 Crisis Line: (717) 555-HELP (4357)

Available for: Mental health crisis, housing emergencies, immediate needs

Emergency Shelter Intake (Lancaster): (717) 555-8290 (24/7)

Emergency Shelter Intake (Frederick, MD): (240) 555-7265 (24/7)

After-Hours Transportation (Medical Emergencies Only):
(717) 555-RIDE (7433)

National Suicide Prevention Lifeline: 988

National Domestic Violence Hotline: 1-800-799-7233

GENERAL INQUIRIES

General Information: info@harborandtable.org

Service Referrals: intake@harborandtable.org

Volunteer Opportunities: volunteers@harborandtable.org

Career Opportunities: careers@harborandtable.org

Donation Information: donate@harborandtable.org

Media Inquiries: media@harborandtable.org

ONLINE

Website: www.harborandtable.org

Client Portal: portal.harborandtable.org

Donate Online: www.harborandtable.org/donate



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Social Media:

Facebook: @HarborAndTableCollective

Instagram: @harborandtable

Twitter: @HarborAndTable

LinkedIn: Harbor & Table Collective



MAILING ADDRESS

Harbor & Table Collective
P.O. Box 1847
Lancaster, PA 17608-1847

(For check donations, correspondence, and general mail)



SERVICE AREA

Harbor & Table Collective serves communities across **southeastern Pennsylvania and north-central Maryland**, including:

Pennsylvania: - **Lancaster County** (all municipalities) - **York County** (select communities) - **Lebanon County** (select communities) - Specific neighborhoods: Riverside, Westside, Eastbrook, Lincoln Park, Millersville, Lititz, Ephrata

Maryland: - **Frederick County** (all municipalities) - **Washington County** (select communities) - Specific areas: Frederick, Thurmont, Hagerstown, Middletown

Note: Some services (particularly behavioral health and care coordination) may be available to residents outside the primary service area on a case-by-case basis.



ACCESSIBILITY INFORMATION

All Harbor & Table Collective locations are committed to accessibility:

- ✓ **Wheelchair accessible entrances and restrooms**
- ✓ **Elevators where applicable**
- ✓ **Assistive listening devices available upon request**
- ✓ **Service animals welcome**



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- ✓ **Interpretation services available** (7 languages)
- ✓ **Materials in large print and Braille upon request**
- ✓ **Accessible parking at all locations**
- ✓ **12 of 18 transportation vehicles are wheelchair accessible**

For specific accessibility needs or accommodations, contact:

Phone: (617) 555-8200

Email: accessibility@harborandtable.org



TAX ID & LEGAL INFORMATION

Legal Name: Harbor & Table Collective, Inc.

Tax ID (EIN): 23-4551847

Nonprofit Status: 501(c)(3)

Incorporation: Pennsylvania (March 2000)

Registered Agent: Lancaster, PA

Maryland Foreign Registration: 2019 (authorized to operate in Maryland)

Fiscal Year: July 1 - June 30

All addresses and contact information are fictional and created for storytelling purposes. This represents a fictional nonprofit organization.